

# **Hong Kong Hockey Association**

## **National Squad Selection Criteria, Selection Procedure & Appeal Mechanism**

### **Selection Criteria**

#### **Factors to be considered during selection (in alphabetical order)**

- Attendance at training
- Attitude
- Availability and eligibility for future tournaments
- Fitness level
- Potential and age
- Tactical understanding and team work
- Technical skill level

#### **Attendance at Training**

High attendance rate does not guarantee selection but low attendance rate may lead to non-selection.

The Coach or Manager will keep a training Attendance Record.

Players unable to attend a training session must contact the Coach or Manager before the commencement of that training session to advise of their unavailability and to provide an explanation for it. The Coach or Manager will note down the reasons given for a player's absence at training on the Attendance Record.

Players should submit any documents supporting their reason for absence e.g. sick note, letter from employer etc. to the Coach or Manager at the earliest opportunity.

Injured players are expected to attend training unless the Coach specifically excuses them in which case this will be recorded on the Attendance Record.

Injured players will be asked to observe the training and listen to the Coach's instructions and may be given tasks that their injury allows them to undertake.

Any other comments relating to a player's performance at training will be noted on the Attendance Record by the Coach /or Manager e.g. bad attitude; poor effort etc.

These training Attendance Records may be referred to by the Selectors if, for example,

the Coach recommends non-selection of a player on the basis of poor attendance, bad attitude etc.

Overseas based players must submit details of their expected return to Hong Kong as well as training reports endorsed by their coach(es). Direct communication between the Hong Kong Coach and the player's local coach(es) in relation to fitness, injuries etc. will be encouraged.

### **Attitude**

Players' attitude towards Officials, Umpires, Managers, Coaches, fellow teammates, opponents and spectators is an important element for maintaining a good team spirit and team image. Players are expected to display a good attitude during training, competitions and their public daily lives.

### **Availability and Eligibility for Future Tournaments**

A player's availability and eligibility over an extended period may be taken into account as this may impact the stability of the team as a whole.

**Note:** Only players meeting the eligibility criteria for a particular tournament can be considered for selection for that tournament. However, non-eligible players may be asked to continue training with the squad during the preparation for a tournament if they are eligible to compete in future tournaments.

### **Fitness Level**

#### **Squad: Men's Senior**

<b>Fitness Test</b>	<b>Final Squad</b>	<b>Training Squad</b>	<b>Goalkeeper</b>
Beep Test	13	12	9
Shuttle Run*	34 sec	35 sec	36 sec
3 km Run	11.5 min	12 min	15 min

#### **Squad: Women's Senior**

<b>Fitness Test</b>	<b>Final Squad</b>	<b>Training Squad</b>	<b>Goalkeeper</b>
Beep Test	11	10	9
Shuttle Run*	36.5 sec	37.5 sec	38.5 sec
3 km Run	13 min	14 min	16 min

- players are expected to pass all the above tests, and/or any other physical fitness test(s) as determined by the coach/trainer
- players are expected to show improvement over the course of tournament preparation to prove that they are undergoing their own physical training
- only 2 exceptions are allowed, which must be substantiated by valid reasons
- (For example, an athlete has still not fully recovered from injury, has been sick or hospitalized, or has been unable to train being out of town)

\* For the Shuttle Run, players are required to run 5m and back, then 10m and back, 15m and back, 20m and back and finally 25m and back. There will be 5 rounds with a 2-minute break after each round. The average time of the 5 rounds will be taken as the player's fitness level.

### **Potential and Age**

Players' potential for development will be considered and players recognised as having good potential may sometimes be selected over players whose current performance is superior, in order to provide an opportunity for development of less competent or less experienced players.

### **Tactical Understanding and Adaptation to the Team**

The Coach will prepare a monthly assessment of all players and will hold one-on-one sessions with each player to explain the areas that the player is expected to work on in order to better adapt to the team's formation(s) and to agree the individual targets and objectives with that player.

### **Technical Skill Level**

The Coach will prepare a monthly assessment of all players and will hold one-on-one sessions with each player to explain the areas that the player is expected to work on and to agree individual targets and objectives with that player.

### **Selection Procedure**

1. Selection of players will be made by a Selection Committee comprising of the Coach, Manager, and at least two (2) other persons with previous international hockey experience as a player or official.
2. For major international/regional tournaments, squad players will be informed, in advance, of the dates of selection trials.

3. Decisions of the Selection Committee, if any, will be communicated to the squad players by the Manager or the Coach.

**Appeal Mechanism**

1. A player who wishes to appeal against his/her non-selection must first lodge an appeal to the Hon. Secretary General of the Council of the HKHA, in writing, within 48 hours of the notification of the non-selection, setting out the reasons for the appeal.

2. The Council will convene a three-person Appeal Board amongst HKHA Council Members and/or HKHA Men's/Women's Section Committee Members, who have had no part in the selection process, to hear and decide on the appeal. The Hon. Secretary General will inform the player of the Appeal Board's decision in writing not less than 14 working days of the date of appeal.

3. The decision of the Appeal Board shall be final.

Hong Kong Hockey Association  
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